| Von | Bis | Sprint | WE1 | WE2 | WE3 | Hoch | Ball 1 | Ball 2 | Kugel | 1000m | Lunchpaket & Abreise |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 8.00 h | 8.15 h | U8 & U10 (39) | | | | | | | | | |
| 8.15 h | 8.30 h | U12 (28) | | | U8 & U10 (39) | | | | | | |
| 8.30 h | 8.45 h | U14-U18 (25) | U14-U18 (25) | U12 (28) | | | | | | | |
| 8.45 h | 9.00 h | | | | | | | | | | |
| 9.00 h | 9.15 h | U8 -U12 (33) | | | | | | | | | |
| 9.15 h | 9.30 h | U14-U18 (27) | | | | | | | | | |
| 9.30 h | 9.45 h | | | | | | | | | | |
| 9.45 h | 10.00 h | | U12W-U18W (17) | U12M-U18M (18) | U8 & U10 (22) | U16-U18 (3) | | | | | |
| 10.00 h | 10.15 h | U8-U12 (14) | | | | | U12-U14 (20) | U12-U14 (21) | U14-U18 (13) | | |
| 10.15 h | 10.30 h | U14-U18 (8) | | | | | | | | | |
| 10.30 h | 10.45 h | | U12-U18 (14) | | | | U8-U10 (20) | U8-U10 (19) | | | |
| 10.45 h | 11.00 h | U12-U18 (35) | | | U8 & U10 (8) | | | | | | |
| 11.00 h | 11.15 h | U8-U10 (27) | | | | | U8-U10 (22) | U12-U14 (26) | U12-U18 (12) | | |
| 11.15 h | 11.30 h | | | | | | | | | U12-U18 (13) | |
| 11.30 h | 11.45 h | | U12-U14 (21) | U16-U18 (14) | U8 & U10 (22) | | | | | U12-U14 (40) | |
| 11.45 h | 12.00 h | U8-U10 (23) | | | | | U8-U18 (22) | | | | |
| 12.00 h | 12.15 h | U12-U18 (15) | | | | | | | | | GOMMISWALD |
| 12.15 h | 12.30 h | | | | | | | | | U16-U18 (12) | |
| 12.30 h | 12.45 h | U12-U18 (19) | U12 (7) | U14-U18 (8) | U8 & U10 (23) | | U8-U10 (22) | U12-U14 (19) | U14-U18 (16) | U12-U14 (26) | |
| 12.45 h | 13.00 h | U8-U10 (13) | | | | | | | | U12-U18 (14) | SCHÄNIS |
| 13.00 h | 13.15 h | | | | | | | | | | UZNACH |
| 13.15 h | 13.30 h | U14 - U18 (11) | U12-U14 (10) | U12-U14 (9) | U8 & U10 (13) | | U12-U14 (13) | U8-U10 (23) | U14-U18 (2) | U14-18 (16) | |
| 13.30 h | 13.45 h | U8-U12 (22) | | | | | | | | U12-U18 (19) | |
| 13.45 h | 14.00 h | | | | | | | | | | |
| 14.00 h | 14.15 h | | U12 (6) | U14-U18 (11) | U8-U10 (16) | | U8-U10 (13) | U12-U18 (19) | | U12-U18 (15) | GOLDINGEN |
| 14.15 h | 14.30 h | U14-U18 (17) | | | | | | | | | KALTBRUNN |
| 14.30 h | 14.45 h | U8-U12 (16) | | | | | | | | | |
| 14.45 h | 15.00 h | U8 (35) | U12-U14 (14) | U16-U18 (7) | U8-U10 (12) | | U8-U12 (11) | U8-U12 (11) | U14 - U18 (6) | U12-U18 (19) | |
| 15.00 h | 15.15 h | U10-12 (13) | | | | | | | | | SCHMERIKON |
| 15.15 h | 15.30 h | | | U12 (4) | U8-U10 (44) | | | | | U12 - U18 (17) | |
| 15.30 h | 15.45 h | | | | | | U8-U12 (16) | U14 (10) | U14-U18 (7) | | BENKEN |
| 15.45 h | 16.00 h | | | | | | | | | | |
| 16.00 h | 16.15 h | | | | | | U12 (4) | | | | |
| 16.15 h | 16.30 h | | | | | | | | | U12-U18 (21) | |
| 16.30 h | 16.45 h | | | | | | U8W (21) | U8-U10 (23) | | U12 (4) | ESCHENBACH |
| 16.45 h | 17.00 h | | | | | | | | | | |
| 17.00 h | 17.15 h | | | | | | | | | | |
| 17.15 h | 17.30 h | | | | | | | | | | RAPPERSWIL |
| 17.30 h | 17.45 h | | | | | | | | | | |
| 17.45 h | 18.00 h | | | | | | | | | | |
| 18.00 h | 18.15 h | | | | | | | | | | |
| 18.15 h | 18.30 h | | | | | | | | | | |
| 18.30 h | 18.45 h | | | | | | | | | | |
| 18.45 h | 19.00 h | | | | | | | | | | |